

The Breakfast, Lunch, and Dinner of Champions

How 20
of NRHA's
top horses
chow down.

BY HOLLY ENDERSBY

ILLUSTRATION BY KEVIN CORDTZ

WHEN I WAS A HORSE-CRAZY KID, THE REST OF MY FAMILY ATE BACON AND EGGS FOR BREAKFAST WHILE I faithfully ate Wheaties—"The Breakfast of Champions!" Every box featured a well-known athlete who was supposed to inspire the eater to great feats. But no matter how long I ate that cereal they never ran a champion equestrian, so eventually I switched to the family breakfast menu.

Today, the breakfast of a champion still matters, especially if you're a horse. And lunch and dinner are just as important. In fact, equine nutritionists will tell you food as fuel for performance can be a critical factor in a make-or-break season. But just like human coaches, every horse trainer has his or her own personal training table menu. For a look at winning menus, we've contacted the trainers or owners of 20 of NRHA's top money-earning horses today to give you an inside view of how champions chow down.

(Note: Horses are listed in alphabetical order.)

Big Chex To Cash

2002 Stallion

(Nu Chex To Cash x Snip O Gun)

NRHA Earnings: \$179,208

Major Titles: 2007 NRHA Derby Reserve Champion, 2007 NRBC Finalist, 2005 NRHA Futurity Reserve Champion

Owner: 23 Partnership, San Marcos, CA

Rider: Andrea Fappani, San Marcos, CA

Horse's Residence: Fappani Performance Horses

Breakfast: 6 lbs. Nutrena® SafeChoice™, 5 lbs. alfalfa cubes, 2 oz. Daily 72® minerals.

Lunch: 1 flake timothy or Bermuda grass hay, 1 ml. Hyalun™.

Dinner: 6 lbs. Nutrena SafeChoice, 5 lbs. alfalfa cubes, 1 scoop Nutrena Empower™.



Chic Magnetic

2001 Stallion

(Chocolate Chic Olena x Shiners Crystal)

NRHA Earnings: \$121,558

Major Titles: 2007 NRHA Derby Finalist, 2007 NRBC Open Finalist, 2006 NRHA Derby Finalist, 2004 NRHA Futurity Finalist

Owner: Peter Cofrancesco Jr. Estate, Sparta, NJ

Rider: Tim McQuay, Tioga, TX

Horse's Residence: McQuay Stables

Breakfast: ¾ scoop Evergreen® Feeds Granolene®, 2 flakes grass hay, 4 oz. DAC® (Direct Action Company) Optimum Flex Plus.

Lunch: None.

Dinner: ¾ scoop Granolene, 2 flakes grass hay.

Collenas Finest Tapy

2003 Mare

(Footworks Finest x Collenas Chic Olena)

NRHA Earnings: \$132,986

Major Titles: 2007 NRBC Open Finalist, 2006 NRHA Futurity Reserve Champion, 2006 All American Quarter Horse Congress Futurity Finalist

Owner: Monica Watson, Double Run Farm, Leland, NC

Rider: Brian Bell, Smithfield, NC

Horse's Residence: Bell Ranch Performance Horses

Breakfast: 4 lbs. Purina Strategy®, 2 flakes alfalfa hay, 20 grams Celerator Turbo.

Lunch: None.

Dinner: 4 lbs. Purina Strategy, 2 flakes alfalfa hay.

Note: Salt blocks in each stall, electrolytes in hot weather as needed. Free choice alfalfa hay at shows. In light training, drop Strategy to 2 lbs. per serving.

Custom Legend

(Custom Crome x Dry Doc Bobbie)

NRHA Earnings: \$226,375

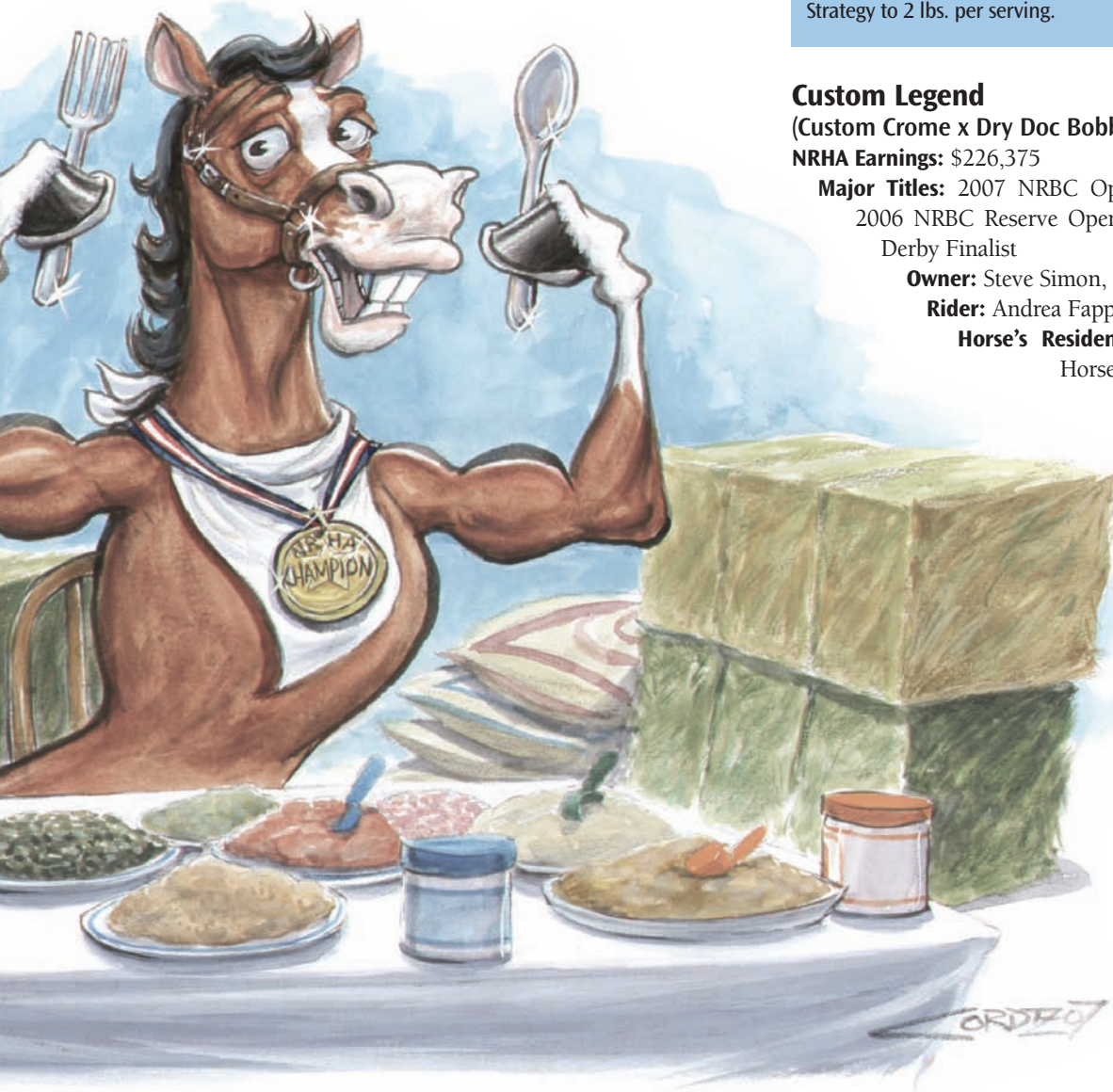
Major Titles: 2007 NRBC Open Champion, 2005 and 2006 NRBC Reserve Open Champion, 2006 NRHA Derby Finalist

Owner: Steve Simon, Marietta, OK

Rider: Andrea Fappani, San Marcos, CA

Horse's Residence: Steve Simon Reining Horses, Marietta, OK

Breakfast: 4 lbs. Heritage Feed Performance Pellets (14% protein), free choice alfalfa cubes or alfalfa hay, 2 oz. Daily 72® minerals.
Lunch: Free choice alfalfa cubes or alfalfa hay, 1 scoop daily Nutrena® Empower™.
Dinner: 4 lbs Heritage Feed Performance Pellets, free choice alfalfa cubes or alfalfa hay, 1 ml. Hyalun™.



Easy Otie Whiz

1999 Stallion

(Topsail Whiz x Miss Poco Easy)

NRHA Earnings: \$236,067

Major Titles: 2006 FEI WEG Gold Medal Team, 2005 NRHA Derby Intermediate Open Finalist, 2005 NRBC Open Finalist and Intermediate Open Champion, 2004 NRHA Derby Intermediate Open and Prime Time Non Pro Champion and Non Pro Finalist, 2004 NRBC Intermediate Non Pro and Prime Time Non Pro Champion, 2003 NRHA Derby Finalist, 2003 NRBC Open Finalist, 2002 NRHA Futurity Finalist

Owner: Bobbie J. Cook, Outwest Stallion Station, Scottsdale, AZ

Rider: Matt Mills, Scottsdale, AZ

Horse's Residence: Outwest Stallion Station

Breakfast: 2 lbs. Purina Strategy® (4 lbs. Strategy at shows), 1 flake alfalfa hay, 4 oz. Triology™.

Lunch: 1 flake Bermuda grass (add 4 lbs. Strategy at shows).

Dinner: 2 lbs. Purina Strategy (4 lbs. Strategy at shows), 1 flake alfalfa hay, 4 oz. Triology, Total Health Enhancement 1 dose NitroXide™ and 1 dose NutraWound™.

Einsteins Revolution

2002 stallion

(Einstein [AQHA Great Resolve] x Fly Flashy Jac)

NRHA Earnings: \$279,356

Major Titles: 2006 NRBC Open Champion, 2007 NRBC Intermediate Open Champion, 2007 NRBC Open Reserve Champion, 2007 NRHA Derby Intermediate Open Reserve Champion.

Owner: Wagner and Vandorp, Aubrey, TX

Rider: Ruben Vandorp, Aubrey, TX

Horse's Residence: Skyline Ranch, Aubrey, TX

Breakfast: 3 lbs. Purina Strategy®, 2 flakes alfalfa hay.

Lunch: Unlimited grass hay available all day.

Dinner: 3 lbs. Purina Strategy, 2 flakes alfalfa hay.

Great King Pine

2002 Stallion

(Earl Be Nimble x Echoing Piney)

NRHA Earnings: \$114,747

Major Titles: 2007 NRHA Derby Limited Open Finalist, 2006 NRBC Finalist, 2005 NRHA Futurity and Prime Time Open Finalist

Owner: Patricia Widener, Columbia Falls, MT

Rider: Bart Corrington, Tallahassee, FL

Horse's Residence: Bart Corrington Reining Horses

Breakfast: 4 lbs. Triple Crown® Complete, 1 flake alfalfa.

Lunch: None.

Dinner: 4 lbs. Triple Crown Complete, 1 flake alfalfa hay.

KR Lil Conquistador

2002 Gelding

(Conquistador Whiz x Smart Little Prize)

NRHA Earnings: \$278,839

Major Titles: 2007 NRHA Derby Finalist, 2006 and 2007 NRBC Open Finalist, 2006 NRHA Derby Reserve Champion, 2005, NRHA Futurity Champion, 2005 All American Quarter Horse Congress Futurity Champion

Owner: B. Cheree Kirkbride, Ocala, FL

Rider: Shawn Florida, Springfield, OH

Horse's Residence: Shawn Florida Reining Horses

Breakfast: 2 lbs. Tizwhiz® sweet feed (12% protein), 1 large flake alfalfa hay (24% protein minimum), 3-4 oz. LubriSyn™.

Lunch: 5 p.m. feeding instead—2 lbs. Tizwhiz sweet feed (12% protein); 1 large flake alfalfa (24% protein minimum), 3-4 oz. LubriSyn.

Dinner: 9:00 p.m. feeding—1 flake alfalfa hay and up to a half scoop of Tizwhiz if feed is all gone.

Supplements: Might add selenium if horse is working hard. Might add electrolytes to water if weather is hot.

Lean With Hollywood

2002 Stallion

(Lean With Me x Cee Miss Hollywood)

NRHA Earnings: \$105,446

Major Titles: 2006 and 2007 NRBC Open Finalist, 2006 NRHA Derby Finalist, 2005 NRHA Futurity Finalist

Owner: George Bell, Raleigh, NC

Rider: Brian Bell, Smithfield, NC

Horse's Residence: Brian Bell, Bell Ranch Performance Horses

Breakfast, Lunch and Dinner: See Collenas Finest Tuffy.

Memorable Affair

2001 Mare

(Major Vaquero x Coronas Affair)

NRHA Earnings: \$93,637

Major Titles: 2007 NRHA Derby Finalist, 2007 NRBC Open Finalist, 2006 NRHA Derby Finalist, 2006 NRBC Open Finalist, 2004 NRHA Futurity Finalist

Owner: Victoria Lambert, Hempstead, TX

Rider: Brent Wright, Ottawa, KS

Horse's Residence: Brent Wright Quarter Horses

Breakfast: 3 lbs. Purina Strategy®, 8-10 lbs. brome hay.

Lunch: None.

Dinner: 3 lbs. Purina Strategy, 8-10 lbs. brome hay.

Mister Nicadual

2000 Stallion

(Mister Dual Pep x Nicacheke)

NRHA Earnings: \$98,235

Major Titles: 2006 FEI WEG Team Gold Medal and Individual Silver Medal, 2006 NRHA Derby Finalist, 2006 NRBC Open Finalist

Owner: Jerry Kimmel, Granbury, TX

Rider: Tim McQuay, Tioga, TX

Horse's Residence: McQuay Stables

Breakfast, Lunch and Dinner: See Chic Magnetic.

Senor Tejano Whiz

2003 Gelding

(Topsail Whiz x Tejana Chic)

NRHA Earnings: \$90,183

Major Titles: 2007 NRHA Derby Finalist, 2007 NRBC Open Finalist, 2006 NRHA Futurity Finalist and Open Gelding Reserve Champion, 2006 All American Quarter Horse Congress Futurity Champion

Owner: 4 R Performance Horses, Boerne, TX

Rider: Shawn Florida, Springfield, OH

Horse's Residence: Shawn Florida Reining Horses

Breakfast, Lunch and Dinner: See KR Lil Conquistador.

Smart Spook

2001 Stallion

(Smart Chic Olena x Sugarplum Spook)

NRHA Earnings: \$269,606

Major Titles: 2004 NRHA Futurity Champion, 2005 NRHA Derby Champion, 2005 AQHA World Champion Junior Reining, 2006 NRBC Open Finalist, 2004 All American Quarter Horse Congress Futurity Finalist

Owner: Rosanne Sternberg, East Sussex, England and Aubrey, TX

Rider: Shawn Florida, Springfield, OH

Horse's Residence: Shawn Florida Reining Horses.

Breakfast, Lunch and Dinner: See KR Lil Conquistador.

Smarty Starlight

2003 Stallion

(Bueno Starlight x Cat [Miss Catalyst 296])

NRHA Earnings: \$102,442

Major Titles: 2007 NRHA Derby Open and Intermediate Open Finalist, 2007 NRBC Open Finalist and Intermediate Open Reserve Champion, 2006 NRHA Futurity Open and Intermediate Open Finalist, 2006 All American Quarter Horse Congress Futurity Finalist and Intermediate Open Champion

Owner: Joe Verser, Jonesboro, AR; Casey Hinton, Whitesboro, TX

Rider: Casey Hinton, Whitesboro, TX

Horse's Residence: Casey Hinton Quarter Horses

Breakfast: 2-3 lbs. 14% dry mix grain (local product mixed for Hinton), 1 flake alfalfa hay.

Lunch: Free choice grass hay.

Dinner: 2-3 lbs. 14% dry mix grain (local product), 1 flake alfalfa hay.

Evening: 1 flake of alfalfa.

Sparkling Waves

2003 Stallion

(Tidal Wave Jack x Shining Proof)

NRHA Earnings: \$89,393

Major Titles: 2007 NRHA Derby Finalist, 2006 NRHA Futurity Finalist, 2006 All American Quarter Horse Congress Futurity Finalist

Owner: Craig and Ginger Schmersal, Overbrook, OK

Rider: Craig Schmersal, Overbrook, OK

Horse's Residence: Schmersal Reining Horses

Breakfast: 3 lbs. Purina Strategy®, free choice grass hay, almost free choice 16% alfalfa pellets (no specific brand), 4-6 oz. Reit-Sport HA-100™.

Lunch: Free choice grass hay.

Dinner: 3 lbs. Purina Strategy, almost free choice 16% alfalfa pellets, free choice grass hay.

Starbucks Jazz

2003 Stallion

(Smart Starbuck x Flipped Out Jazz)

NRHA Earnings: \$96,195

Major Titles: 2007 NRHA Derby Finalist, 2006 and 2007 NRBC Open Finalist

Owner: Jimmy Pierce, Surf City, NC

Rider: Brian Bell, Smithfield, NC

Horse's Residence: Bell Ranch Performance Horses

Breakfast, Lunch and Dinner: See Collenas Finest Tuffy.

Starbucks Sidekick

2000 Stallion

(Smart Starbuck x Dun It For Chex)

NRHA Earnings: \$188,531

Major Titles: 2006 FEI WEG Gold Medal Team, 2006 NRBC Open Finalist, 2005 NRHA Derby Co-Reserve Champion, 2004 NRHA Derby Finalist, 2004 NRBC Open Finalist, 2003 NRHA Futurity Finalist, 2003 All American Quarter Horse Congress Futurity Champion

Owner: Adair Reiners LLC, Mesa, AZ

Rider: Dell Hendricks, Tioga, TX

Horse's Residence: Hendricks Reining Horses

Breakfast: 4 lbs. Purina Ultium™ on light training bumped up to no more than 9 lbs. during heavy training and at shows, free choice alfalfa hay, 2 oz. Cosequin®.

Lunch: Free choice alfalfa hay; additional Purina Ultium at shows, amount ranging between 4-9 lbs. depending on horse.

Dinner: 4 lbs. Purina Ultium on light training schedule bumped up to no more than 9 lbs. during heavy training and at shows, free choice alfalfa hay.

Reiners' Resources

A HANDY GUIDE TO COMPANIES MENTIONED IN THIS ARTICLE

Celerator Turbo: www.ihvets.com; 1-877-788-4448

Cosequin®: www.nutramaxlabs.com/products/animal/cosequin; 1-800-925-5187

Daily 72®: www.daily72.com; 1-800-471-1522

Empower™: www.nutrenaworld.com

Granolene®: www.evergreenmills.com; 1-580-322-6611

Heritage Feed Performance Pellets: www.bigvfeeds.com; 1-903-436-3577

Hyalun™: www.hyalun.com; 1-800-207-6373

LubriSyn®: www.lubrisyn.com; 1-800-901-8498

NitrOxide™: www.totalhealthenhancement.com/equinehealth; 1-888-422-8398

NutraWound™: www.totalhealthenhancement.com/equine-health; 1-888-422-8398

Optimum Flex Plus: www.feeddac.com; 1-800-921-9121

ReitSport HA-100™: www.horsetech.com/; 1-800-831-3309

SafeChoice™: www.nutrenaworld.com

Strategy®: www.purinamills.com/products; 1-800-227-8941

Tizwhiz®: www.tizwhizfeeds.com; 1-800-860-6789

Triology™: www.ihvets.com; 1-877-788-4448

Triple Crown™ Complete: www.triplecrownfeed.com; 1-800-451-9916

Ultium Competition Horse Formula: www.purinamills.com/products; 1-800-227-8941

Taris Designer Genes

2003 Mare

(Mr Boomerjac x Taris Little Vintage)

NRHA Earnings: \$138,705

Major Titles: 2006 NRHA Futurity Champion

Owner: Rancho Oso Rio, Scottsdale, AZ

Rider: Randy Paul, Scottsdale, AZ

Horse's Residence: Rancho Oso Rio

Breakfast: 2 lbs. Nutrena® SafeChoice™, 2 flakes alfalfa hay.

Lunch: 2 flakes alfalfa hay.

Dinner: 2 lbs. Nutrena SafeChoice, 2 flakes alfalfa hay.

The Great Guntini

2003 Stallion

(Gunner [APHA Colonels Smokingun] x Miss Wicked Filena)

NRHA Earnings: \$125,229

Major Titles: 2007 NRHA Derby Finalist, 2007 NRBC Open Finalist, 2006 NRHA Futurity Finalist

Owner: John Faulkner, Dade City, FL

Rider: Mike McEntire, Selma, NC

Horse's Residence: McEntire Reining Horses

Breakfast: 3 lbs. local feed mix (12% protein and 6% fat from Wilson Mills Feed Plant), (feed includes electrolytes in summer and vitamins and minerals all year), 2 big flakes predominantly alfalfa mixed with a small amount grass hay.

Lunch: If horse is being used hard, might add additional 3 lbs. of local feed mix, 1 flake alfalfa/grass hay.

Dinner: 3 lbs. local feed mix (12% protein and 6% fat from Wilson Mills Feed Plant), 2 big flakes alfalfa/grass hay.

Walla Walla Whiz

2003 Stallion

(Topsail Whiz x Shiney Walla Wanda)

NRHA Earnings: \$125,031

Major Titles: 2007 NRHA Derby Champion, 2006 NRHA Futurity finalist

Owner: Arcese Quarter Horses USA, Weatherford, TX

Rider: Shawn Florida, Springfield, OH

Horse's Residence: Shawn Florida Reining Horses

Breakfast, Lunch and Dinner: See KR Lil Conquistador. ♦

ABOUT THE WRITER

Holly Endersby, Pollock, Idaho, has competed in Reining with her Morgan horse Murphy, a \$1,000 "throw-away" she purchased, deemed unridable. She has been a reserve world champion in non pro reining and freestyle Morgan Horse competition, and was the Far West Regional Non Pro Reining Champion three years in a row.

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